



# Storytime Activity Guide

## *Jovita Wore Pants*

written by Aida Salazar and illustrated by Molly Mendoza

*Jovita Wore Pants* tells the true story of a brave girl named Jovita who didn't want to wear skirts—she wanted to wear pants so she could climb trees and ride horses just like her brothers. When her family went off to fight for their beliefs, Jovita dressed like a boy and joined the fight too. She showed that girls can be strong and do anything they set their minds to!

### Did you know?

Sense of self includes self-awareness and self-regulation, social and emotional understanding, empathy and caring, and initiative in learning. A strong **sense of self** gives children confidence in their ability to acquire new knowledge and skills, which builds enthusiasm and motivation for learning. While reading *Jovita Wore Pants*, help your child identify what Jovita may be thinking or feeling and why!



### Words to Practice

Outrun  
Revolution  
Reunited  
Sorrow  
Courage

### Talk about it!

- What made Jovita feel happy and strong? What makes you feel happy and strong?
- Jovita wore pants because that's what she liked. What do you like to wear that makes you feel like you?
- Jovita did something brave even when others didn't agree. Can you think of a time you did something that made you proud?
- If you could be anything you want, just like Jovita, what would you be?

### Find More Online

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[qrco.de/JovitaPants](https://qrco.de/JovitaPants)

## Create!

### My Brave Outfit

Help children explore who they are and what makes them feel brave, strong, or special—just like Jovita did.

#### Materials needed:

- A box of dress-up/dramatic play clothes (hats, scarves, boots, jackets, etc.)
- Paper and crayons or markers
- A mirror

1. Invite your child to choose any outfit pieces they want from the box — not based on what's "for girls" or "for boys," but based on what makes them feel brave, happy, or powerful.
2. Let your child look at themselves in the mirror and ask:
  - *How do you feel in this outfit?*
  - *What can you do when you feel brave or strong?*
3. Afterwards, have your child draw a picture of themselves in their "brave outfit" doing something amazing—like riding a horse, climbing a mountain, or helping a friend. You can also ask your child to dictate to you what they are doing and how they are feeling in the picture they drew. In a separate piece of paper write down exactly what they described (no need to edit for grammar!) to honor their story.



### Play: I Can Be.... (Movement Game)

Call out different adventurous or brave characters (e.g., "*I can be a mountain climber!*" / "*I can be a pilot!*" / "*I can be a firefighter!*"), and have your child act them out with big motions and pretend play.

Remind your child that anyone can be anything they dream — just like Jovita.

