

Storytime Activity Guide

Press Here

by Hervé Tullet

Watch the yellow dot magically transform as you press, tap, shake, and interact with this delightfully simple book. Children love practicing different actions with each turn of the page and seeing how each action transforms the yellow dot.

Did you know?

Self-Regulation, or being focused on a task, managing emotions and controlling impulses, is all a part of succeeding in school. While sharing *Press Here*, practice starting and stopping simple activities, taking turns, and waiting to see what happens.

Talk about it!

- At the beginning of the book, you're told to quickly tap the yellow dot five times. How would you like to tap the red and blue dots? Quickly? Slowly? Practice different speeds together.
- In the middle of the book, after shaking the dots left and right, there is a straight line of dots in a pattern. What is the pattern you see?
- Near the end of the book, most of the dots disappear to the top and you are told to stand the book up straight. Why does that make the dots fall down again?

Play: (activity with no materials)

Practice **self-regulation** with a game of "Simon Says!" Children will practice following directions, starting and stopping an activity, and listening carefully.

1. Choose who gets to be the leader and for how long (for example, for one minute or for five actions).
2. Have the leader call out different actions starting with the phrase "Simon Says..." For example, "Simon Says pat your head," and everyone pats their head.
3. Occasionally have the leader give a direction without the phrase "Simon Says...". For these directions, no one should move. For example, if leader says, "Hop on one foot," then everyone should stand still.
4. Take turns being the leader.

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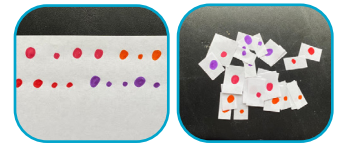
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Play some more!

Materials needed: paper, crayons or markers

In *Press Here*, the dots change in all sorts of fun ways as you interact with the book. Create your own dots and practice fun early math skills like counting, sorting, and making patterns!

1. Create 20-30 colorful dots in several shapes and sizes. You can use crayons and paper, stickers, or even use marbles or colored stones—whatever you have that works!



2. Find a container to put your dots into. The container could be anything—an empty food box, a plastic bowl, tupperware, or even a cup.

3. Use the container and the dots to practice counting, sorting, and pattern making. Tip: Use more or less dots depending on your child's age and ability. Follow your child's lead; if they are bored, try creating even more dots, and if they are frustrated, try these activities with less dots.

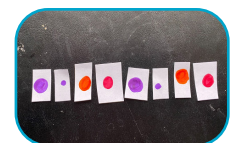


4. Take a handful of dots and count them as you put them in the container. Count how many are left outside of the container.

5. Sort the dots. Group them by color or size.



6. Create a pattern. Arrange the dots into a design that can be repeated two or more times. How long can you make your pattern? What would come next in the pattern?



Dots Template

