Storytime Activity Guide

The Color Monster
by Anna Llenas

When the Color Monster wakes up, all of his emotions, represented by different colors, are all over the place! With his friend’s help, he learns to sort out all of his emotions and find some peace of mind.

Did you know?

Social Emotional: Sense of Self

Getting along with others, recognizing feelings, and expressing them appropriately are all part of Social-Emotional Understanding. Help your child practice by looking at the character’s faces in The Color Monster and talking about how we can recognize our own feelings and the feelings of others.

Talk about it!

• What do you do when you feel happy, sad, angry?
• And other people? What do people in your family do when they feel different emotions?
• Can you think of other emotions that aren’t in the book? What color do you think they would be?

Play:

The color monster not only has to be able to identify his emotions, but also has to be able to recognize different colors. Play an “I spy” game and try to find things in different colors in your home. For example, “I spy, with my little eye, something green in the kitchen…” Ask your child to guess which item you’re talking about (a dish towel? an apple? some celery?). For an extra vocab challenge, have your child ask descriptive questions to narrow it down. (Is it fuzzy? Is it food? Is it crunchy? Is it sweet?)

Find More Online

Scan this QR code to find book recommendations, online activity guides, and other fun resources.

Scan this QR code with your phone’s camera to see our Read Aloud of this book!

All resources can be found at: tandembayarea.org
Create: Monster Masks

Materials:

- Paper plate
- Markers or crayons
- Optional: pipe cleaners, tissue paper, cotton balls, buttons, googly eyes, yarn...
- Straw, chopstick, or popsicle stick

Directions:

1. Choose an emotion for the monster mask you and your child will create. It could be simple (happy, angry, sad) or it could be more complex (frustrated, confused, proud).

2. Use the arts and crafts materials available to make an emotional face on a paper plate. For example, you might use the colorful pipe cleaners to form a smile or a frown or use felt stickers to cut out little tears.

3. Tape a popsicle stick, chopstick, or straw to the back of the mask to make a handle.

4. Once the mask is complete, have a conversation with your child about how their monster is feeling and why.