Storytime Activity Guide

Say Something
by Peter H. Reynolds

In this book, the author and illustrator Peter H. Reynolds describes the different ways we can share what we are thinking and feeling. We all have the chance to use our words and our voices, each and every day. The world wants to hear what you want to say, so be bold about expressing yourself!

Did you know?

Recognizing and expressing feelings appropriately, in different ways, is a part of Social-Emotional Understanding. Help your child practice by looking at the characters’ faces in Say Something. Talk about how we can guess what a character is feeling based on what they say or do.

Talk about it!

• The book talks about expressing yourself with words, actions, and creativity. How can we express ourselves in all these different ways?
• In the book, one of the characters writes a poem when they see something beautiful. How would you express yourself when you see something beautiful? What would you say or do?
• What are the times when you have felt like saying something but it was hard for some reason? How did you express yourself? How did that feel?

Play: Neighborhood Walk

• Go for a walk in your neighborhood with your child.
• Ask your child to notice the things about which they want to say something. Talk with your child about what they want to say, and how they want to express themselves, with words, actions, or creativity. (If you can, take pictures.)
• Share with your child the things you notice, about which you want to say something. Discuss what you want to say and how you want to express yourself. (Again, take pictures if you can.)
• When you return home, talk with your child about the things you noticed.

Find More Online

Scan this QR code to find book recommendations, online activity guides, and other fun resources.

Scan this QR code with your phone’s camera to see our Read Aloud of this book!

All resources can be found at: tandembayarea.org
Create: Make a Poster to Say Something

After reading the book, talk with your child about all the ways in which the characters in this book say something, through their words and actions as well as through their artwork, poetry, style, and even with planting.

Share with your child that one of the ways in which the characters say something is by making signs, using their words and art. Invite the child to make their own sign using a variety of materials. Find inspiration for your message in the two pages at the beginning of the book.

Materials:

- A large piece of paper (e.g., a recycled brown paper grocery bag or the back of a cardboard carton)
- Art materials (crayons, markers, color pencils, stickers etc.)

Directions:

Brainstorm with your child about what they can use their voice to say.

You can find inspiration for your message from the two-page spread in the front of the book.

Help your child write their message on the paper.

Work with your child to decorate the sign using markers, crayons, and other art materials.

Find a place in your home where you can hang up the sign.