This wonderful read is all about facing our fears. Jabari goes to the community pool and is ready to jump off the big diving board! Or is he? With a little time and help from dad, Jabari overcomes his fears and takes a leap of faith.

Did you know?
Asking questions about what will happen next, comparing ideas, and making predictions are all parts of developing Critical Thinking! Let your child practice making predictions and asking questions as you read Jabari Jumps together.

Talk about it!
• When Jabari is on the diving board, make a prediction: Do you think Jabari will jump? After you find out, talk about if your prediction was right or wrong. What made you guess the way you did?
• What different things did Jabari try to feel less scared? Did any of them work?
• Can you remember a time that you were nervous about trying something new? How was it similar to Jabari? How was it different?
• Do you think Jabari will use the diving board next time he goes to the pool? Why?

Play!: Stretch it Out!
1. Go to the page where Jabari does his stretches
2. Copy each stretch that Jabari does
3. When you are stretching, name what body parts you are using. Where do you feel the stretch?
4. What are other body parts that you can stretch? Create a movement to stretch that body part.

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Scan this QR code with your phone's camera to see our Read Aloud of this book!

All resources can be found at: tandembayarea.org
Create!

Materials needed: Scissors, Tape or Glue Stick, Pen or Markers, Paper for more cubes (Optional), Dice (Optional)

1. Look at the cube template and talk about the dotted lines versus the solid lines. Help your child think about which ones you will fold and which ones will you cut. Talk about what would happen if you cut both solid & dotted lines.

2. Cut the solid outline of the box. Adults can do this, or you can supervise your child, while they use child-safe scissors.

3. Write and/or draw different movements or actions for each cube face. Adults ask the child to think of what word action they want to do and add on each surface. *(Ex. take deep breaths, jump as high as you can, stretch your arms out and balance, climb the ladder, swim underwater, shout “hooray!”)*

4. Fold along the dotted lines! Offer support to children during this process. Talk about the small edges you see on two of the cube faces. Ask your child why those two pieces have edges and what they might be for.

5. Glue the small edges together to form a box. Brainstorm with your child all the adhesives you could use to create the box. Some examples include glue and tape. Would a stapler work? Why or why not?

6. Play together! Roll the cube, and whatever action lands on the top of the box, you will act out. For example, if you roll swim, you’ll pretend to swim.
Cut on the SOLID lines.

Fold the DOTTED lines.