Storytime Activity Guide

From Head to Toe by Eric Carle
Let’s discover the parts of our body from head to toe with this classic children’s book!

**Play:**
1. Tape a couple of pieces of blank paper together to make a piece of paper big enough for your child to lay on.
2. Trace your child’s body onto the paper. Help them identify the different parts of their body.
3. Ask your child to create an outfit for their paper person! Who will the person be? Will it be themselves? Is it a friend?

**Materials:**
- Several pieces of blank paper
- Tape
- Crayons, markers, or colored pencils

**Learn:**
1. What animal did you like best and why?
2. Do you remember what movement the buffalo, giraffe, and other animals made?
3. Can you think of other animals we might see at the zoo, or around our neighborhood, and what movements they might make?

**Practice:**
- shrug
- buffalo
- arch

**Now try this!**
Play a fun game of “Simon Says!” using parts of your body. For example, “Simon Says touch your nose!” See if your child can identify their nose, arms, fingers, ears, eyes, mouth, knees, feet, and toes.

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