# A Child’s Developmental Milestones

## 18-24 months

### Cognitive Milestones
- Sorts shapes and colors
- Mimics adult behavior
- Points to and names objects
- Refers to self by name
- Learns by helping
- Learns concepts such as size, shape and weight as he/she moves and plays with objects in the environment.

### Language Milestones
- Has expressive vocabulary of 20-25 words
- Uses 2-word phrases to communicate
- Uses gestures to communicate
- Begins using courtesy words (please, thank you) occasionally

### Social/Emotional Milestones
- Is possessive
- Begins to show empathy
- Reveals a sense of trust
- Begins to play next to children
- Shows emotions of pride and embarrassment
- May dawdle
- Engages in imaginative play
- Tests limits of behavior
- Performs for an audience

### Physical Milestones
- Can draw scribbles
- Kicks backward and forward
- Stands on a balance beam
- Walks up stairs with help
- Runs well
- Enjoys riding small-wheeled riding toys
- Drinks from a straw

### Recommended Activities
- Let them help you prepare a snack or other task.
- Try to expand their language. If a toddler says, “ball” say “Yes, this is a big, red ball!”
- Stock art area with lots of crayons and paper. Encourage table drawing as well as easel drawing.
- Have more than one of everything. Sharing is difficult at this age.
- Encourage children to show off their skills. Include a big round of applause!