

4-5 years

A Child's Developmental Milestones

Cognitive Milestones	Language Milestones	Social/Emotional Milestones	Physical Milestones	Recommended Activities
• Comprehends special concepts (e.g. around, in front, high, next to) • Rote counts up to 20 • Can complete a 6-8 piece puzzle • Begins to understand time concepts • Understands simple math concepts • Recalls main details of a story	• Uses possessives • Uses double negatives • Joins sentences • Can answer how, who, when questions • Follows up to 4 step directions • Uses third person • Tells simple jokes • Has a 2000 word vocabulary	• Enjoys being with other children • Has an increased drive for independence • Expresses anger more dramatically • Is aware of social approval or disapproval • Performs for others • Has pride in personal accomplishments • Develops sex role identification • Begins taking turns and negotiating	• Can hop on one foot, skip and jump • Can catch a ball with both hands • Can catch a beanbag • Dresses and undresses him/herself • Can copy a simple design • Uses scissors to cut a straight line	• During circle time, engage children in conversation with you and each other. • Encourage dramatic play with puppets, dress up clothes, etc. • Tell children when things will happen. Give them warnings before time is up. • Add show and share time to weekly activities. • Add puzzles to manipulatives area. Help them when they first try a new puzzle. • Develop a math area complete with cash register, money, sorting toys and calculators. • Provide books that encourage positive gender associations, rather than gender bias.

