A Child's Developmental Milestones

12-18 months

Cognitive Milestones

- Identifies family members in photographs
- Enjoys cause and effect relationship
- Is able to make choices between clear alternatives
- Begins to solve problems
- Remembers more

Language Milestones

- Has expressive vocabulary of 4-10 words (by 13-15 months)
- Has expressive vocabulary of 10-20 words (by 18 months)
- Can listen and respond to simple directions

Social/Emotional Milestones

- Prefers to keep caregiver in sight while exploring environment
- Demands personal attention
- May reveal stubbornness
- Unable to share
- Responds to simple requests

Physical Milestones

- Picks up small objects with pointer finger and thumb
- Can build a tower of cubes
- Can throw a ball
- Walks well
- Turns pages in a book
- Can walk while holding an object

Recommended Activities

- Put small pieces of soft food on baby's high chair so he/she can practice picking up food.
- Stick with daily routines to help children develop a sense of order.
- Display toys clearly on low shelves.
- Talk with the children. Read to them.
- Gather family photos and create a classroom photo album. Talk about the pictures.
- Use age-appropriate gross motor equipment, soft blocks, soft balls and beanbags in your classroom.



